

UNITY DAILY WORD

15 cents a copy

\$1⁵⁰ a year

REVEALING TO YOU
YOUR HEALTH-PROSPERITY
AND HAPPINESS

MAY 1929

"The Creed of the Dauntless"

"Untouched by Events"

"I Forgive Myself"

A PAGE OF INSPIRATION FOR EACH DAY

SILENT UNITY CLASS THOUGHTS

April 20 to May 19

I have faith in the Inner Light, and I obey its leading in all that I do.

I have faith in the healing power of the Lord Jesus Christ now manifest in me.

I have faith in the prospering power of the Lord Jesus Christ now expressed in me and manifest in my affairs.

Sample copies of *Unity Daily Word* will be sent free by the publishers to any address. Single copies, at news stands, 15 cents. Subscription, \$1.50 a year.

Unity School of Christianity also publishes *Christian Business*, *Youth*, *Wee Wisdom*, *Unity*, and *Weekly Unity*. Each subscription, \$1.50 a year. Two other publications, *Unity Sunday School Leaflet* and *Unity Local Program*, are each \$1 a year.

Requests for the ministrations of Silent Unity and love offerings for prayers for health and prosperity should be addressed to the Unity School of Christianity, Silent Unity Department.

Subscriptions, renewals, requests for prosperity banks, changes of address, book orders, or checks and money orders for publications should be sent to Unity School of Christianity, Publishing Department.

Entered as second-class matter June 13, 1924, at the post office at Kansas City, Missouri, under the act of March 3, 1879. Accepted for mailing at the special rate of postage provided for in section 1103, act of October 3, 1917, authorized June 13, 1924.

nt
es,
r.
is-
ly
er
ty

nd
ty
y,

ty
nd
ty

ne
of
te
er

V
M

to
th

dr
of

VOL. X
NO. 5



MAY
1929

UNITY DAILY WORD

A little companion that daily will direct your steps
to the sun tipped heights in whose glory you will behold
the son of God, for such you are.

Nonsectarian. Published monthly.

F. B. WHITNEY, *Editor*

Editorial suggestions and comments may be addressed to Editor of *Unity Daily Word*, % Unity School of Christianity, 917 Tracy ave., Kansas City, Mo.

TRANSFORMATION

I looked at him whom men had scorned
And saw a soul with light adorned;
I looked behind a mask of sin
And there beheld the Christ come in.
And, as I held the vision true,
I looked and found that this one knew
That he from sin had found release;
His face revealed the man of peace.

UNTOUCHED BY EVENTS

“**H**OW I wish that things were just the same as they were before it happened!” Have you ever heard some one make this cry from the very depths of his soul and, understanding exactly the whole situation, have you not longed to restore that person to the peace and harmony that he had enjoyed before some unkind word had been spoken or some unpleasant event had transpired?

Think how ridiculous it is to give to one little word the power to change a career or to destroy a friendship! Can we not see that the force of events lies entirely in the power that we give to them? Do we not see that any situation or circumstance can affect us only to the extent that we surround it with power or fear?

A person's first reaction to a situation is most important. He needs to be careful that his reaction be a desirable one for, if it is not desirable, it may cause him to build up an adverse state of consciousness. When he comes to a place where he must control the situation and treat it metaphysically, he is brought face to face with the fact that he has built up quite a negative state of consciousness to be overcome.

The secret in handling events without being touched by them lies in one's preparation. If a person builds up a strong consciousness of Truth, he can rely upon it to resist the old belief that events can master him or can affect his well-being. If he realizes that he is mightier

than circumstances, greater than the situations of the external world, he will know that he has power to rise above events and to live in that consciousness in which there are no accidents, no misunderstandings, no power in negative words or adverse situations.

The person living in a high consciousness of Truth does not attract negative situations. Living in the consciousness of love, he does not attract situations in which hate and fear are dominant. He lives in a world superior to the happenings of that state of consciousness in which personality and personal disturbances reign.

Many persons give great power to the effect of negative words and, consequently, a negative word is able easily to subjugate them to itself. In fact, they give more power to negative words than to words of Truth and, therefore, have little faith in the power of a word of Truth to neutralize the seeming power of the negative.

We should teach ourselves to react to a situation through the same consciousness that we had before it happened. If we permit a hasty word to mar a lifelong friendship we are brought to the fact that such friendship was not founded upon truth and love. If, fortified by a substantial friendship and a consciousness of Truth, we are brought face to face with an adverse personal situation, we have no other recourse but to disregard the unpleasant situa-

tion and react through friendship, love, and Truth.

If a person's motives are right when he says something that may displease another, that person knows that he has recourse to something that will bring the other back to friendship and love. If love is really back of the motive, love will continue to thrive. There are no misunderstandings in love. Love is untouched by false events.

Have you often longed to be back where you were before some unpleasant situation took place? And yet something within you, through those hours or days of worry, tried to tell you that in Truth the whole thing never happened. Something seemed to tell you that in God's book of life there was no blot and that your name and that of your friend were still written upon a clean white page, immaculate, still radiant with love.

What a comfort that was to you! Possibly you wondered how to convey this thought to the other person. Then the way was revealed to you: If you wanted to be back in the former relation with this friend, then you must cease to think of recent unpleasant events. You must return to the consciousness of love and Truth that you formerly enjoyed.

Quite likely you felt that you were almost free from the situation, then the appalling thought came to you: How about the friend? Would he view it in the same light? Possibly, he was not a student of Truth. Quite likely he

was not. Then the second realization came to you—that, regardless of the situation or the person, you must continue to dwell in the high consciousness of Truth wherein all events can be rightly handled and shaped.

Things and events of the external world cannot affect us or mar our happiness when we are established in the high consciousness of Truth in which there are no lapses from love and understanding. If we build up a strong consciousness of the power of Truth and love, then we cannot be swayed by the belief that hate, fear, or personality can govern our world. Love and Truth endure. What we know as human events and personal misunderstandings change and disappear, but love and Truth continue to exist.

Our only solution in handling annoying personal situations lies entirely in realizing Truth. If we would restore ourselves or another to an original state of happiness, we must first make that restoration in the consciousness of love and Truth. How insistent the words of Paul are in this respect, and the very familiar lines offer just the right solution of such a problem, "If a man be overtaken in any trespass, ye who are spiritual, restore such a one in a spirit of gentleness; looking to thyself, lest thou also be tempted."

Untouched by events! Knowing this truth, we free ourselves from all belief in the power of external circumstances. The love of God never fails and is untouched by personal events.

WITHIN YOU IS THE POWER

Though bygone days have seen my blinded sinnings;
I must be meek and teachable and glad;
I must come back, come back to my beginnings;
Though life has loomed remorseless, drear, and
sad—

Yet comes a call; the message I was needing
Rings silver-clear in that most weary hour:
*"Love heals the sick and binds the secret bleeding;
Arise and walk! Within you is the Power!"*

I would awake to see the dear Light shining,
That quells the sorrow of the deepest shade;
I would give ear unto that Voice defining
The joys of life where none shall be afraid.
I would believe, although my faith seems doubting;
I would still see the sun behind the shower;
I would press on, with Truth my old fears flouting;
I, too, would cry, *"Within you is the Power!"*

I shall receive the needs of childlike living;
I shall be shown all that I ought to see;
I shall be guided in the joys of giving;
I shall be filled with gifts Love sends to me.
Though worlds may fail, though empires fall
asunder,
Though harvest cease, though perish every
flower;
I shall be free, be safe—though tempests thunder—
If I believe, *"Within you is the Power!"*

—Eric Billing; *Science of Thought Review*.

THE CREED OF THE DAUNTLESS



I BELIEVE in Love, Truth, and Life—God! I believe in the power of God's love within me as mighty to wipe out every appearance of fear or hate in my life. I believe in God's Truth, the universal truth, the truth of my being, as mighty to lift me out of ignorance, falsehood, and superstition. I believe in God's life, my life, as mighty to overthrow every belief in disease or death.

I believe in my higher self, my divine self, Christ within me! I believe that the Christ implanted within me at the beginning is now coming forth, casting out all that is unlike Himself and manifesting His fullness and perfection.

I believe that I am the son of God! I believe that I am made in His image and after His likeness. I believe that through me, His son, God is now doing mighty things.

THE TWELVE FACULTIES

I believe that the faith now being increased in my consciousness is mighty to remove all doubt and disbelief. All belief in adversity and limitation must yield to my faith, quickened to believe in only God, the good.

I believe in the judgment of God, my own good judgment, my power to judge wisely and well, my ability to discriminate between the evil and the good, the false and the true.

I believe in the omnipotence of love. I know that all that is unlike God, all that is opposed to love, must yield itself to the divine command to love.

I believe in the strength of God now appear-

ing in my mind and in my body, casting out all belief in weakness and appearing as my own indomitable strength.

I believe in the power of God now expressing itself as my power and dominion over things and situations of the external world. I know that He that is within me is mightier than all things of the world.

I believe in my ability to behold perfection and beauty. In the face of seeming adversity I can visualize Truth, God, in manifestation. Through spiritualized imagination I behold the real, the true.

I believe in man's power, my power, to understand the deeper things of God. I recognize nothing in my world as incomprehensible. I understand! I see! I know! Infinite wisdom is revealed to me through my spiritual consciousness, my oneness with Spirit.

I believe in the will of God as powerful to subjugate all personal will. I am willing that God's will be done in me. God's will is always good will, and through His will His desires for me are executed.

I believe in divine order. The orderliness of Spirit is now removing all confusion and disorder from my life and all things are in divine order. I no longer believe in disorder because my thoughts and my affairs are arranged in an orderly manner and my whole world is adjusted harmoniously.

I believe in my ability to eliminate from my life all that is undesirable. Throguh denying

the untrue, I make room for the true. Through affirming the good, I cause it to manifest.

I believe in the zeal and enthusiasm of Spirit. I am zealous for every good thing. I know that my zeal for good is but a foreshadowing of the coming of good.

I believe in the purifying, renewing life of Spirit abiding at the very heart of my being and manifesting through me as my life. I believe that this life is mighty to cleanse and to regenerate me.

THE BODY

I believe that my body is the temple of the living God. I believe that the Spirit of God fills and thrills my body with life and health. This belief wipes out all thought that my body is material and restores me to the truth that my body is spiritual and perfect.

I believe that my eyes are the eyes of Spirit. Through the power to behold perfection in all things I have power to see perfection in the manifest world. I see without strain or effort. I behold God's world of joy and beauty.

I believe that my ears are attuned to harmony and that I have power to hear the harmonious voice of Spirit. My ears are blessed by the Spirit of Christ and I hear well.

I believe that my heart expresses the love of God. Through it courses pure and rich blood. There are no hardened conditions in my arteries, because they manifest the youth and love of Spirit.

I believe that my lungs breathe the pure

ether of God. I breathe deeply knowing that I inhale holy breath. My body is fed by the pure ether of Spirit.

I believe that my stomach is healthy and strong. I am wise and moderate in my eating. I bless my food and know that it is transformed into strong and healthy cells, nerves, muscles, glands, and bones.

AFFAIRS AND PROSPERITY

I believe that all my affairs are in the keeping of Spirit. I believe that my finances are under the management of the law of justice, order, increase, and prosperity. All sense of lack and failure is removed from my consciousness and from my business. I am blessed with success and plenty.

I believe that my whole environment is impregnated with prosperity, love, and peace. My world and my affairs are blessed through the presence of God showering upon me His richest gifts. As His son, I am heir to all that He is and has. I live in a world of plenty and peace.

I believe in my mastery over all things of the external world. The great Within, the mighty I AM, subjugates all external things to Itself. Greater is this inner power than anything in the universe. Mightier is God, the mighty I AM, than that which appears to be. Greater is the power of reality than the illusion and the shadow.

I believe in my power to go forth this day, mighty to do all things according to the bidding of God within me.

A DAY

In my hands a day,
A crystal day,
Dewy with dawn,
Clear as a mountain lake.
In my hands a day!
A day to live with loveliness,
A day to speak with kindness,
A day to give with joyfulness,
A precious day.
When night overtakes me
And reaches, crying,
"Give it! 'Tis mine!"
Serenely I'll yield it
Lovelier at twilight
Than at dawn:
A finished day.

—*Martha Baerresen Weiss.*

WEDNESDAY, MAY 1

Today's All-Powerful Word: *My desires are now fulfilled. My longing for God, the good, is fulfilled through realizing that God is here, present as my most needed blessing.*



WE ARE told by H. Emilie Cady that desire in the heart is always God tapping at the door of our consciousness with His infinite supply. We can readily see that desire is but the forerunner of the blessing that is to follow. The hunger or longing for anything simply prepares one's consciousness to enjoy it.

After all, man's great desire is for the substantial things in life, the things founded upon the eternal substance and truth of Spirit. Every desire which appears to be for the fleeting things in life is really based upon a desire for the real and the permanent.

Desire is but the beginning and if we hold steadily to the desire we are rewarded by seeing it fulfilled. We see that manifest which has been idealized. We see the blessing appear whose coming has been whispered to us through desire. We do the thing that we dreamed of doing because the urge to perform is but Spirit's desire for us. Doing things through spiritual direction is but expressing the will of God.

To dreamers, desire is the end: to doers, the beginning.—*Unity calendar for May.*

THURSDAY, MAY 2

Today's All-Powerful Word: *I free myself from all anxious thought because I abide in the care free consciousness of Christ.*



WORRY AND anxiety keep many persons in a constant state of turmoil. They allow themselves to drop into a state of consciousness in which things and events rule them completely. They think a great deal about the condition of things of the external world, especially about the future. Such persons seem to think of external things and circumstances as having absolute power over them. The result is worry.

The student of Truth soon learns to give up the worry habit. His worries leave him when he learns to rely upon God, his own indwelling Spirit. He begins to know that through trust in God all his worries will be dissipated.

Abiding in the care free consciousness of Truth, we give little power to external things, neither do we believe that they can cause inharmony in our affairs. Believing in the power of God to right all matters, we lose belief in the power of external events to bring disorder into manifestation. We can see that our trust in God increases as our belief in the power of external things decreases. Through our trust our anxiety and worry disappear.

In nothing be anxious.—*Phil. 4:6.*

FRIDAY, MAY 3

Today's All-Powerful Word: *All fear is cast out of my mind because I abide in the fearless, courageous Spirit of truth.*



FEAR IS negative; it is the opposite of courage. In order to get rid of fear we must build up a consciousness of courage and we must abide in this consciousness.

Fear is removed through a consciousness of Truth. We see things in their true light and discover that in reality there is nothing to fear. The things of the external world, the persons and situations that we have permitted to stir up fear within us, are seen in the true light and we behold them simply as part of the world of illusion. The great illusion is the belief that anything of the external world can have power over Christ within us.

Are you fearful? Your fear is indicative of your need of a higher consciousness of Truth.

As your courage increases, your fear will diminish. As you meditate upon your own fearlessness and your own power to command the external manifestations in your life, you will find that Spirit within you will give you more and more courage. You will lose all ability to be afraid.

Fear ye not, stand still, and see the salvation of Jehovah, which he will work for you today.
—Exod. 14:13.

Today's All-Powerful Word: *Everywhere I turn, I find some blessing from God.*



THE PERSON who has the right outlook upon life finds blessings wherever he is and wherever he turns. Every experience in life yields him a blessing. The negative experience which others might look upon as unfortunate yields him some good thing. This is the way of the overcomer.

There are blessings on every hand. If we take the attitude of the practical Christian we shall be rewarded by finding these blessings appearing to us in even greater measure. Look about you and see the many blessings which are right at hand. Here is a beautiful friendship and a close companionship. Here is your health for which you should be thankful. You should praise and give thanks for the health that you now enjoy, knowing full well that, as you increase in the consciousness of health, your health will increase.

Here is prosperity to be thankful for and to be considered a blessing indeed. Almost every one has some measure of prosperity and finds that it increases in the manifest as his consciousness of prosperity increases.

Prove me now herewith, saith Jehovah of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.—*Mal. 3:10.*

SUNDAY, MAY 5

Today's All-Powerful Word: *The word of God, the Truth of being, rules and directs my thoughts and acts.*



WE OFTEN refer to the Truth of being as the divine word. It is the authority upon which all existence is based. When we find Truth we discover the word, the divine authority, which we have missed and sought. The lost word has been found. We have regained our true estate. We have been restored to that consciousness in which Truth is effective in us.

The divine word, the supreme authority, illumines our consciousness and empowers us with ability to express the will of God within us. Knowing Truth and expressing it through our words, we think as God thinks and give voice to His thoughts.

The word of God is the divine fiat. It is the sacred declaration that puts an end to all belief in adversity. When the divine fiat sounds forth, all the claims of negation must be silenced. God has spoken. Truth must be victor. All must bow down before the will of God, issued as His word of power. When we declare the word of God, we become master over everything in our lives.

Thy word is a lamp unto my feet,
And light unto my path.

—*Psalms 119:105.*

MONDAY, MAY 6

Today's All-Powerful Word: *I catch the spirit of new life. My mind, my body, and my world are renewed with eternal newness.*



PERSON becomes stagnant and crystallized in mind and in body when he ceases to feel the newness of Spirit within him. It is necessary for him to be aware of the renewing work of Spirit in order that he may express this newness mentally and physically. He must grow less and less conscious of the sense of oldness and more and more aware of the new.

When a person finds the inner springs of new life, he finds that his whole being becomes regenerated, revitalized, and renewed. The newness of Spirit establishes a feeling of new life throughout the physical organism.

Catching the spirit of new life is a matter of grasping the truth of the presence of Spirit and life within us. We catch the spirit when we grasp the significance of this mighty truth. We actually feel the vitality of Truth that previously we have known only intellectually. We find in the very letter of the teachings of practical Christianity the Spirit of life and newness.

The renewing work of Spirit is constantly renewing us in every part.

So that we serve in newness of the spirit, and not in oldness of the letter.—*Rom. 7:6.*

TUESDAY, MAY 7

Today's All-Powerful Word: *In my world the justice of God rules supreme and all my affairs are governed by divine justice.*



IF A PERSON does not have an understanding of Truth, how easy it is for him to think that he is being dealt with unjustly! If there is confusion in his affairs, the first thing that he does is to look for the external agency that has brought the confusion about. If he has been entertaining the belief that some one is unfriendly toward him, he naturally thinks that this person is the power that has wrought havoc in his affairs. We readily see that all the processes involved belong entirely to personal consciousness.

When we cease to believe in external powers as able to rule our lives, we find that we must recognize something as having power to govern us. We find that this power is the power of Spirit within us. We discover that the substance of thought that we have given to believing in injustice according to the standards of the world must be given to the belief, the truth, that God's justice rules us completely. Only in this way can we be governed solely by divine justice.

Our consciousness of divine justice causes justice to appear in our lives and in our world.

Let justice roll down as waters, and righteousness as a mighty stream.—*Amos 5:24.*

WEDNESDAY, MAY 8

Today's All-Powerful Word: *I am liberated from the habit of being restless and impatient. Knowing that good is coming to pass, I am patient in this assurance.*



THE TRUTH gives us such complete assurance that all things are working together for our highest good that we are freed from all tendency to be impatient and restless. The habit of being impatient is broken when we have the assurance of Truth. We know that all is well and that under no circumstances can our best interests be in danger.

Liberation from the habit of restlessness comes very easily when a person learns to rely upon God and to feel God's arms underneath him. This reliance is rewarded by a calm assurance and a certain feeling that all is well.

A person is always right in taking an optimistic attitude and a constructive viewpoint. In the face of circumstances that ordinarily cause unrest, through his optimism he can behold the turn of events which will bring his good into evidence. Through refusing to be impatient and restless he enters into that calm state of mind in which there is no impatience, and in which there is the quiet assurance that God, the good, is all there is.

Bring forth fruit with patience.—*Luke 8:15.*

THURSDAY, MAY 9

Today's All-Powerful Word: *I rise above all seeming negation and ascend into the consciousness in which there is only God, the good.*

THE CHARACTER of our world depends upon the situations in which we place ourselves and wherein we remain. Through negative and adverse thinking we can plunge ourselves into negative and adverse conditions. By ascending into the higher realms of consciousness we are able to rise out of the slough of despondency and adversity, and ascend into the sphere of living in which God reigns supreme.

Through knowing Truth we rise out of ignorance. Through knowing the truth about health and prosperity we rise out of disease and lack. When we ascend into the high consciousness in which we see only health and prosperity, we come to find that only these can exist in our manifest world.

We need never despair or think that we have to remain in undesirable conditions. Our escape is through the knowledge of Truth and the work of Spirit. Our consciousness of Truth and of our real nature is our passport to the heavenly conditions wherein we find the fulfillment of our most earnest expectations.

I ascend unto my Father.—*John 20:17.*

FRIDAY, MAY 10

Today's All-Powerful Word: *The Truth of Christ has set me free from every enslaving thought and I am free from every limitation.*

DO YOU ever have the feeling that you are limited in your expression, and long to be free to express yourself as you feel that you should? Do you think that you are bound by other persons to do what they think that you should do, and that you are not able to do what Spirit within you directs you to do? Does not this feeling of limitation seem to be an unnatural one and opposed to your innate appreciation of truth and freedom?

Man binds himself by self-enslaving thought and self-imposed limitations. He makes a world of limitations and then places himself in the midst of it. On every hand he finds walls and barriers. Then deliverance comes: he finds Truth.

When we perceive the great Truth of being we discover that there are no barriers to our full expression of the power that is within us. We find that we are not limited in any wise. We see that no person can limit us.

Freedom comes from the consciousness that we are free with the freedom of Christ, free to express ourselves as Christ would have us do.

If therefore the Son shall make you free, ye shall be free indeed.—*John 8:36.*

SATURDAY, MAY 11

Today's All-Powerful Word: *Looking away from the imperfections in life, I behold the perfection of all things as they exist in Truth.*

FINDING flaws in the character of other persons or in their work is a poor practice and pastime, indeed. When we appoint ourselves critics, we assume the attitude that we are empowered to criticize the acts of others. Even when we criticize ourselves, we criticize the image and likeness of God, for such we are in Truth.

Seeing the shortcomings of others is a mark of ignorance, since the one who does so is either ignorant of Truth or fails to apply the principles of Truth that he knows. Beholding the perfection of others as it exists in reality is the badge by which the practical Christian may be known.

As we look away from seeming imperfections, as we direct our attention away from things as they appear, we are inspired to behold them as they exist in the reality and truth of God. We look beyond the appearance and see the Truth.

The practice of seeing perfection is one which needs to be cultivated.

Wherefore leaving the doctrine of the first principles of Christ, let us press on unto perfection.
—*Heb. 6:1.*

SUNDAY, MAY 12

Today's All-Powerful Word: *I obey no other voice but the voice of truth, love, and health—the voice of God within me.*



WE ARE not prompted to do aught but that which is based upon Truth and love when we listen to no other voice than the voice of God within us. Some call this the voice of conscience; some say that it is the Spirit of God speaking to the soul of man. All recognize that it is a voiceless voice, an inner prompting, urging us to think, speak, and act according to the dictates of our spiritual selves.

When we obey the voice of God we cannot act in any wise contrary to our highest good. Obedience to the inner voice is an assurance of being guided into that which will bring us only good. The voice of Spirit proclaims to us all Truth; if we follow its promptings, we may be assured of dwelling forever in the joy and the blessings which come to him who follows and obeys the voice of God.

Obedience to Spirit within us should come before all else. Only by obeying the dictates of our own indwelling Spirit can we hope to be guided into that which is for our highest good.

By obeying the inner voice we have authority over all things.

Ye have purified your souls in your obedience to the truth.—*1 Pet. 1:22.*



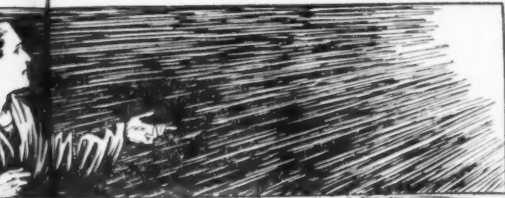
I FORGIVE

*I forgive myself! and then, forgiven,
Gone the past with its mistake and
In my very heart of hearts the Christ
"Son of God, forgive thyself! in Tru*

*I forgive myself! for, since the Christ
Holds me not in thought of wrong—
I refuse to bind my soul to faults of
In the great Forgiving Love a sin*

*I forgive myself! and ne'er again shall
Christ-of-God-in-me of wrong or tri
Christ in me can never fall; in Tru
I forgive myself! and make forgiven*





GIVE MYSELF

n, forgiven, look not back;
mistake and seeming sense of lack;
lets the Christ has called my name:
myself! In Truth there is no blame."

ce the Christ forgives me, too—
of wrong—I've nothing else to do;
to faults of yesterday;
love of sin is washed away.

er again shall I accuse
wrong or this high vision lose:
fall; in Truth there is no wrong;
like forgiveness my heart's song.



MONDAY, MAY 13

Today's All-Powerful Word: *In the depths of my inner consciousness I behold the truth of all life. Consequently, my physical eyes see all things clearly.*

RIGHT TAKES place first in the mind. Primarily, all vision is mental. If, in the depths of the mind, the inner visional faculties are opened to Truth, all things are beheld in their true aspect.

Physical vision is but the outer manifestation of the ability to see with the mental and spiritual eyes. The power to see with the mental eyes strengthens the power of the physical eyes. The power to see the truth back of all existence helps a person to behold with his physical eyes that which might be quite obscure without the inner understanding.

If the inner vision is clear and pure, unobscured by material beliefs and clouded thinking, we see with the eyes of Spirit. We behold God everywhere. We see perfection as God manifest.

In order to clear and strengthen our eyes, we need to establish ourselves more firmly in Truth. Through understanding and love, through knowing Truth and life, we give up the practice of seeing things distorted by materiality and we see them as they really exist.

Blessed are the pure in heart: for they shall see God.—*Matt. 5:8.*

TUESDAY, MAY 14

Today's All-Powerful Word: *I am cured of all doubt and disbelief. I have faith—faith in God, the good.*



THE DOUBTER takes the wrong viewpoint of life. He is inclined to approach all situations in an attitude of disbelief and pessimism. He sees the disasters which may happen. He views the wrong side of the great universal pattern of life and accepts it as the right one.

The doubter doubts his own ability and the manifestation of his own good. He might not acknowledge that he doubts God; yet, by doubting the reality and power of the good, he doubts that which is good's very substance.

The doubter needs to have faith in himself and in others. He needs faith in the law of Truth and in the law of health and supply. He needs faith in God.

Faith in ourselves, faith in our fellow men, faith in God—this is the perfect faith. Can you conceive of any situation that would not yield to such faith? Can you think of faith of this kind as ever failing to remove mountains of seeming opposition to one's highest good?

Our faith in God is always rewarded. It connects us with the very blessings that we most desire and makes them our own.

Withstand steadfast in your faith.—*I Pet. 5:9.*

WEDNESDAY, MAY 15

Today's All-Powerful Word: *I solve all my personal problems through love. All hate and personal animosity are now replaced by divine love.*



LOVE IS the great solvent. It dissolves all hardened conditions of mind and of heart. It relieves crystallization, fixed beliefs, unpleasant memories, bondages to errors of the past.

Love is a great purifier. It clears the heart of all hate and fear. It relieves the consciousness of the burden of personal beliefs and limitations. It purifies and heals.

Do you have a personal problem that has not been solved? Is some person in your life seemingly unkind to you? Does some person seem to refuse to forget your past mistakes? Do you find it difficult to find the way to his heart again? Then cease trying to work things out in a personal way. Let divine love solve the problem, remove the difficulty, and restore you and your friend to the state of harmony that you both formerly enjoyed.

An individual but aggravates a personal problem by trying to handle it in a personal way. Divine love alone is the solution, the remedy. Love is mighty to do all things and to bring all things to pass.

Love worketh no ill to his neighbor: love therefore is the fulfilment of the law.—*Rom. 13:10.*

THURSDAY, MAY 16

Today's All-Powerful Word: *All inharmony and confusion are removed from my world. The perfect peace of God rules supreme.*



WE CAN restore our environment and our affairs to a state of peace by clearing our consciousness of all belief in inharmony and confusion. The thought that helps to produce inharmony must give place to harmonious and peaceful thought.

How easy it is to think peaceful thoughts in place of inharmonious ones! Peaceful thought is truly from the mind of God. We always feel that we are just a little closer to heaven when we think peaceful thoughts and abide in peace.

Being peaceful toward those with whom we are associated shows us that we, in a measure, have grasped the great truths of man's relation to his fellows. When we are peaceful, we but give expression to the peaceful will of God.

Peace is heavenly. All things in our lives are properly adjusted and regulated when we come into the consciousness of heavenly peace, of perfect peace. There can be no inharmonies in our world when we realize the truth about peace and cause it to be expressed in and through us.

My people shall abide in a peaceable habitation,
and in safe dwellings, and in quiet resting-places.
—Isa. 32:18.

FRIDAY, MAY 17

Today's All-Powerful Word: *I am not under any adverse or negative law. All my affairs are ruled by God, divine principle.*

IF A PERSON thinks that he or his affairs are being ruled by a law of adversity, he places himself or them under a certain working of the cause-and-effect of evil and negation. He reasons that, since certain adverse conditions have obtained in his affairs, certain adverse effects will come about. Such thinking elevates the working of adversity to the place of a law.

In the truth of God, there are no adverse laws. Evil, negation, disease, and lack have no law back of them if these are understood in the light of Truth. If understanding does not enter, these may seem to the nonspiritual thinker to be working in a lawlike manner.

In truth, there is but one law or divine principle—God, the good. The working of God annuls the seeming working of adversity in its many forms. When we know the truth that God is law, we cease to think of any opposite to God as having the power of law.

Acknowledging divine principle as the only ruler of our lives, we place ourselves and all that we have in right relation to the divine.

Thy law is my delight.—*Psalms 119:77.*

SATURDAY, MAY 18

Today's All-Powerful Word: *Increasing my consciousness of the goodness of God, I increase the presence of good in my life.*



AS WE turn away from the belief that evil can have place or existence in us or in our lives we discover that we increase in the consciousness of the presence of good. As we give less thought to evil we give more thought to the allness of God, the good.

If we wish to decrease the belief in evil or the presence of evil in our lives, we must so increase the presence of good that there is no room for evil. If we abide in the allness of God, there can be no place for evil of any description.

We increase our consciousness of good by meditating upon God. As we grow in the consciousness that in reality God is all that there is, we lose all belief in the existence of evil. We see that evil is but one of the illusions brought about through ignorance of God, the truth.


When next you are tempted to think of evil things, reverse the thought and think Godward. Think so thoroughly of God that there is not the slightest chance for evil to appear. Keep thinking Godward and only good can appear in your life.

Hold fast that which is good.—*I Thess. 5:21.*

SUNDAY, MAY 19

Today's All-Powerful Word: "*Arise, shine; for thy light is come, and the glory of Jehovah is risen upon thee.*"

This statement is the Silent Unity illumination word to be used from May 20 to June 19.

 HIS WORD may be used in its present form and spoken to the consciousness, or else it may be changed to the first person: *I arise and shine; for my light is come, and the glory of Jehovah is risen upon me.*

Man as the son of God is filled with His light and wisdom. He has but to turn to the light of God at the center of his being in order to be filled with light. By facing the light of God, he causes his own face to be illumined with spiritual light.

We should think of this light as giving us illumination upon any question, problem, or situation. We have the innate capacity to know anything that we need to know. Any question that must be answered, any problem that must be solved, when viewed through the light of Spirit will yield its true answer or solution.

Think of this light as having power to direct you in your most baffling problems. Then the affairs of the world which you contact will be handled intelligently and well.

Ye are the light of the world.—*Matt. 5:14.*

MONDAY, MAY 20

Today's All-Powerful Word: *I am stirred to action, health, and strength as I listen to the clarion call, "Awake, thou that sleepest, and arise from the dead, and Christ shall shine upon thee."*

This statement is the Silent Unity healing word to be used from May 20 to June 19.



WHEN WE realize the truth that the very Spirit of life within us is rousing us from all mortal belief in inertia, we become filled and thrilled with the consciousness that life is stirring us to action and to the power to express action at all times.

The voice of Spirit in us speaks to us and says, "Awake!" Even when the invalid seems to be immersed in a belief in weakness and disease, there is always something within him that says to his soul, "Awake!" That something tries to call him away from the seeming reality and power of inertia and disease and tries to cause him to realize the truth that in reality he is healthy and strong.

When a person falls under the spell of the claim of disease, he should seek to become quiet and to still his mind from the clamoring thought that disease is his, or is related to him in any wise.

Stir up the gift of God, which is in thee.—II Tim. 1:6.

TUESDAY, MAY 21

Today's All-Powerful Word: *The substance of my thought is that God gives me all-sufficiency in all things, and I am secure in my prosperity.*

This statement is the Silent Unity prosperity word to be used from May 20 to June 19.

FILLING OUR minds with the thought of prosperity, we can give no place to belief in lack. The prosperity consciousness does not recognize such a thing as lack. In God's world of abundance there is no absence of plenty. Knowing this truth and this oneness with God's world and abundance, we come into consciousness of our own prosperity.

God is continually giving. Through man He expresses Himself. He expresses His own richness and seeks to have it appear in all places.

Security in prosperity comes from a stable consciousness. If in the inner mental and spiritual life we realize the truth of our prosperity, we find that it appears in manifestation. Prosperity founded upon spiritual truth never fluctuates. We have all-sufficiency when we realize that God, our supply, is always sufficient for our every requirement.

God is able to make all grace abound unto you; that ye, having always all sufficiency in everything, may abound unto every good work.—II Cor. 9:8.

WEDNESDAY, MAY 22

Today's All-Powerful Word: *The image and likeness of God which I am has never fallen or been destroyed. I am created in the image of perfection.*



GIVE UP all thought that you have ever fallen from your true state in God. The divine likeness in you has never changed. It has never fallen from its true estate. It cannot be broken or distorted. The image and likeness of God in you is the same forever and forever. Nothing that you ever can do can affect this divine likeness.

When a person does not know Truth he is inclined to think of himself as made in the image and likeness of disease and limitation. He thinks of himself as an imperfect creation and as made according to some imperfect plan. Such is not the case. Truth reveals to us that man is made in the image and after the likeness of his Creator.

Cease to think of yourself as other than the image of your heavenly Father. Do not let the belief in fleshly heredity cause you to lose sight of your divine parentage. Do not be so concerned in tracing your family tree and in proving genealogical connections that you lose sight of your divine sonship, your relation to God.

As we have borne the image of the earthy, we shall also bear the image of the heavenly.—*I Cor. 15:49.*

THURSDAY, MAY 23

Today's All-Powerful Word: *I give no thought to the past. I live in the glorious now. I live in the timeless time of Spirit.*



THE THOUGHT of time is limited. The past and the future do not exist in Spirit and, consequently, are limiting. They bind a person to beliefs not in keeping with the timeless time of Spirit. If man would live in the eternal now, he must give up all limiting belief in time. He must live in the ageless time of the present.

Living in the present helps a person to rid himself of the habit of procrastination. He learns to do things now instead of putting them off to some future time.

Living in the present helps us to enjoy the blessings of God right here and now. We do not wait for some future time in which to enjoy our good: we enjoy it at the present time.

Living in the present helps us to get rid of the belief in age. In the eternal now there is no age, neither are there years with which to reckon.

In the glorious now our blessings are waiting for us. They are capable of giving us bountiful joy because they come right from the heart of the Father.

My time is at hand.—*Matt. 26:18.*

FRIDAY, MAY 24

Today's All-Powerful Word: *In the great oneness of Spirit, there are no separations. I am unified with all life, all truth, all love—all good.*



IN THE TRUTH of Spirit there are no divisions or separations. In Truth, man is never separated from God or from the good in life. As the son of God he cannot be separated from life, health, and strength. As a brother to Christ, the Elder Brother, man cannot be separated from the great brotherhood of man. He always has friends and companions.

Knowing the great universal oneness, man is at one with all good things. He enters into the consciousness in which he is related to the good in its many aspects and forms. He is unified with the good invisible and visible, the good unmanifest and manifest.

Rising above all belief in separation and division, I know that I cannot be separated from my own at any time. I know that my prosperity cannot be hidden or lost. I realize that I am at one with the very substance of God.

In the unity of Spirit I am constantly identified with all that I need or desire. I am unified with God, who expresses Himself in me as the thing I most desire.

One there is who is good.—*Matt. 19:17.*

SATURDAY, MAY 25

Today's All-Powerful Word: *I relax from all tension and strain, and abide in the peace and stillness of God's presence.*

DISCIPLINE YOURSELF in the matter of relaxing at various periods during the day. Learn to relax from tension in mind and in body. You can do your most efficient work only when you are relaxed.

The tension and strain of twentieth-century living must give place to the peace and stillness practiced by the mystics of old. We must learn to practice the silence at all times; even when ordinarily we would be most active, we must become more at ease. Those who do most efficient work know how to get still in the most trying situations, thereby relieving situations which are ordinarily taxing and disturbing.

Our word for today seems to produce quiet in us just by our repeating it. We sense the presence of God and in that presence we find peace and stillness. Tension and strain give way to peace and quietness. Tension changes to relaxation because we cannot be tense in the presence of God.

The presence of God means peace to us. This mystical presence produces for us a certain strength which cannot be gained by any other agency.

He leadeth me beside still waters.—*Psalms* 23:2.

SUNDAY, MAY 26

Today's All-Powerful Word: *The truth of Christ is established in my heart and nothing can prevail against me.*

IF TRUTH be established within a person he has no desire to act contrary to the great law of life. Established in Truth, he desires to move with the current of things that are in harmony with Truth.

We establish ourselves in Truth and put Truth in our hearts through thinking Truth to the exclusion of all else. We speak words of Truth and through their power we draw closer and closer to the consciousness in which there is naught but Truth.

In the heart, the deeper consciousness, Truth takes root. Like the seed warmed by the sun and vitalized by its energizing rays, Truth established in the heart is energized by the indwelling Spirit.

Truth presents an impermeable wall to the onslaughts of evil. Naught can prevail against Truth; no evil thing can prevail against God. Truth is our shield against evil, disease, and every other form of adversity. None of these has power or presence that can prevail against the all-power and omnipresence of Truth.

Let the words of my mouth and the meditation of
my heart

Be acceptable in thy sight.

—*Psalms 19:14.*

MONDAY, MAY 27

Today's All-Powerful Word: *Through the might of Christ I easily demonstrate and practice His truths.*



LET US think of the philosophy of Christ as something that we can easily apply to our daily living. His teachings and truths about life are to be demonstrated in our own lives. His laws of life are those which we must apply in our own living.

Christ has shown us the way to be healthy, the way to love, the way to live. We can demonstrate, apply, and practice His teachings easily and efficiently, and thus make our lives healthy, loving, and perfect.

A person should not think of the teachings of practical Christianity as something too difficult for him to apply. We cannot conceive of Jesus Christ's giving to mankind a system of Truth that could not be demonstrated. Man's only hope and salvation in life are revealed in the truths of Christ. In these truths may be found the way of life, the way of health. Jesus pointed out this way and gave us the directions for a perfect life.

Day by day let us apply these teachings. Each day we shall find that Truth is revealed to us in a new and more revealing light, and that its teachings are made clearer to us.

Not in persuasive words of wisdom, but in demonstration of the Spirit and of power.—*I Cor. 2:4.*

TUESDAY, MAY 28

Today's All-Powerful Word: I do not accuse myself of sinning. I endeavor to measure with the high standard of the son of God, for such I am.



WHEN A person continuously accuses himself of sinning, he develops a consciousness wherein he sees himself as constantly sinning. Often such a one, instead of trying to reform, plunges into the belief that sin has power over him. He sees sin as having power to subjugate him to itself.

Sin is only a missing of the mark. If a person does not achieve the mark or standard set before him as the son of God, he may be said to miss the mark. The schoolboy who does not solve his problems misses the mark. He falls short of that which is expected of him. In the same way, the man who does not achieve the perfect ideal of man may be said to fall short.

In order to get rid of shortcomings, we must take our thought off them. We must cease to recognize that which we would remove from our lives. We must place our thought and our vision upon that to which we would attain.

In our study of Truth, we take our thought off sin and put it on the perfection of man.

Sin shall not have dominion over you.—*Rom. 6:14.*

WEDNESDAY, MAY 29

Today's All-Powerful Word: *The joy of the Lord fills my every thought, and my whole world is full of joy.*



HOW CAN we ever let sadness and depression creep into our lives and our world when the truth is that God as joy is continually filling our world with His joy? How can we let unpleasant memories come to mind when this joy is seeking to express itself in us and seeking to cause us to live in the joy of the eternal now?

Quite often a person lacks joy because he is affected by the acts and deeds of others. Their coming and their going seem to make him happy or unhappy. He is in the personal consciousness in which the presence of certain persons is essential to his happiness. He has not found the impersonal or universal consciousness in which God is all in all and in which God is his exceeding joy.

If you would be happy, learn to detach yourself from persons. Do not give them power to affect your life or your happiness. Do not live in memories of the past, except in so far as they can make your today a joy.

In God we are exceedingly glad. We are happy in the consciousness wherein we are alive with joy, unmoved by things that are not of the joy consciousness.

God my exceeding joy.—*Psalms 43:4.*

THURSDAY, MAY 30

Today's All-Powerful Word: *Christ within me is now transforming my body into His spiritualized, deathless, perfect body.*



HARLES FILLMORE tells us: "The body is the instrument of the mind, and no one has ever seen his real body as it is in the sight of God, except through the mind. The body of flesh, bones, and blood that the eye of sense beholds is not the true body any more than the heart of flesh is the true organ of love."

The character of the body depends upon the character of the thought back of it. If the thought is of disease, weakness, and materiality, the body will be of similar character.

The body of Christ has a mystical significance for us. In Truth, this body is our own ideal, mystical body that appears when our physical body is redeemed from adverse thought and is spiritualized through spiritual truth.

Let us not think of our bodies as fleshly, material, weak, or diseased. In Truth, they are filled with the eternal, deathless, perfect life of Spirit. Only when we lose consciousness of this truth can the body become separated from life. God's will for us is life eternal in the body that we have here and now.

Who shall change our vile body, that it may be fashioned like unto his glorious body.—*Phil. 3:21* (A. V.).

FRIDAY, MAY 31

Today's All-Powerful Word: *I am thankful and full of praise. Every evidence of the bounty of God makes me grateful and appreciative.*



THE APPRECIATIVE person naturally draws many blessings to himself. His ability to be grateful and thankful for what he receives causes him to receive many blessings. If he is of a thankful spirit, he finds that he always has plenty for which to be thankful.

On every hand we can find something for which to give thanks and for which we can be praiseful. Even the smallest degree of health merits its praise. The invalid who blesses the health that he has instead of bewailing an infirmity soon rises from his bed of sickness. He has (p) raised himself right out of disease into health.

Praise often causes a person's financial affairs to be increased and prospered. The man who knows how to apply the law of praise to his affairs is rewarded by seeing his affairs multiply and increase in prosperity.

The action of praise is magical. Praising the good deeds of a little child causes him to want to be good. He thrives under praise. His consciousness is exalted through it.

My lips shall praise thee.—*Psalms 63:3.*

READY FOR THE DELUGE

Sometimes it takes a jolt of some sort to wake us up to a realization of how popular we are. For example, the demand for the January, February, and March issues of *Unity* magazine completely exhausted our supply of these three numbers. We thought we had plenty and some to spare and instead we were compelled to write hundreds of letters explaining the shortage. But we are ready now for the deluge; and we're expecting it to continue when the April, May, and June issues make their appearance!

Charles Fillmore has contributed to April *Unity* the first of a series of articles on the twelve powers of man. This series will continue for several months. We can still start your subscriptions with the April issue, if you decide that you want the entire series by Mr. Fillmore, but we suggest that you send in your orders at once, for we *may* have underestimated the number for this issue, too. The yearly subscription price is \$1.50.

CHRISTIAN HEALING

There is nothing new in Christian healing or Christian living until a person finds it for himself—then, everything is new and different. Mr. Fillmore discovered Christian healing and Christian living for himself and he founded *Unity* on that discovery. In the book, *Christian Healing*, he tells others how they can apply the teachings in their own lives.

This book may be obtained in three bindings: paper, 75 cents; cloth, \$1.50; de luxe, \$3.

SOME INTERESTING POINTS ON RENEWALS

If several members of your family read *Unity Daily Word*, order two subscriptions. One may be sent to your residence and the other to a business address.

Try the plan of renewing for two or three years at a time. Many of our subscribers do this.

Send renewals promptly. By so doing you avoid the inconvenience and deprivation of missing a copy of the magazine.

If you have two subscriptions coming to you, then you have a copy to give away each month.

Your renewal may be sent in at any time during the year. Renew at any time, but renew before the expiration date.

When you renew for yourself, send in a subscription for a friend. Then observe the change that it will make in him.

One way we have of getting new subscribers is to give lessons free for thirty days. A sample copy will be sent to any address that you send us.

When you order this magazine, mention that you want *Unity Daily Word*.

TO
Na
Str
Cit
Ple
Na
Str
Cit
For
My
Str
Cit
A

TEAR OUT ON THIS LINE

TO INTRODUCE *UNITY DAILY WORD*

Please send a free sample copy to

Name

Street

City State

Please send *Unity Daily Word* for one year to

Name

Street

City State

For this subscription I inclose money order for \$1.50.

My name

Street

City State

Address *Unity Daily Word* subscriptions to

UNITY SCHOOL OF CHRISTIANITY

917 Tracy Ave., Kansas City, Mo.

Do You Need Help?

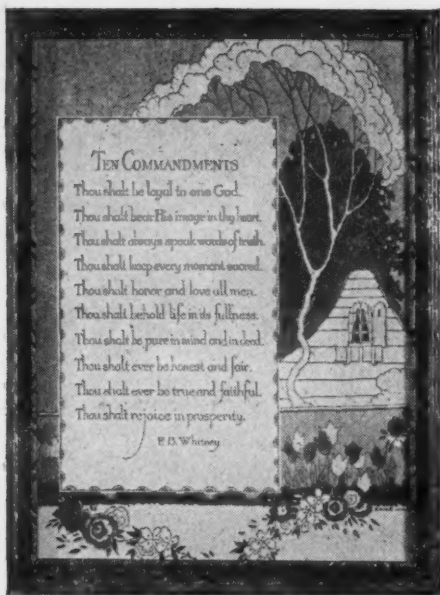
The primary purpose of Unity School is embodied in Silent Unity, the prayer department of the School. Jesus Christ taught that where two or three are gathered in His name, He is in the midst of them. He also promised that what was asked in His name would be granted. Silent Unity is composed of more than ninety consecrated workers who assemble daily and hold prayers in behalf of those who ask Silent Unity for help. More than two million persons have been helped by Silent Unity. It will help you. It takes any case; financial, physical, mental, and spiritual difficulties can be overcome. "With God all things are possible." The Silent Unity work is a work of love. Silent Unity is supported by love offerings, which it gratefully receives. The prayer department is at your service day and night. All requests for help (which are kept confidential) should be sent direct to

SILENT UNITY DEPARTMENT

Unity School of Christianity
917 Tracy Ave., Kansas City, Mo.







Price
\$1.50

SIZE
7 INCHES
BY
11 INCHES

Your modest editor of *Unity Daily Word* will scarcely permit us to mention how very popular his feature poems are each month. He will not hear of our telling you of the many letters that we receive, asking that first this and then the other poem be put into motto form.

Of course we cannot have all of them decorated and framed for you, but we have framed one of the most popular—a modern version of the Ten Commandments, by F. B. Whitney. It will prove an attractive reminder of your *Unity Daily Word* study, of your daily effort to express more of the Christ perfection.

In the June Number:

**"A World That Never
Knew Disease"**

"Release"

**(Release your inner power and release
yourself from bondage)**

**A New Double-Page Poem:
"I Longed to See the Christ"**



**The Daily Lessons in the April
Number Are Written in the First
Person.**



**Unity Daily Word is Now on Sale
at Leading News Stands, Meta-
physical Libraries, and Unity
Centers.**

